

REGISTRATION FORM

Check the box for the session(s) you plan to attend

- (1st – 4th grade boys & girls)
June 27th – 30th 8:30am – 10:00am
- (5th – 8th grade boys & girls)
June 27th – 30th 10:30am – Noon

Payment Enclosed for:

Fee is \$50.00

Camper's Name _____

Address _____

City _____ ST _____ ZIP _____

School _____

Grade _____ (Sep. 2011) Age _____

Emergency Phone # _____

Parent's email address _____

T-SHIRT SIZE (CIRCLE ONE BELOW)

Youth: S M L XL Adult: S M L XL XXL

THE FEE IS REQUESTED WITH REGISTRATION FORM BY FRIDAY, JUNE 6, 2011. REGISTRATION WILL BE ACCEPTED THE FIRST DAY OF CAMP, BUT ENROLLMENT IS LIMITED. WE ENCOURAGE YOU TO PRE-REGISTER TO BE GUARANTEED ENROLLMENT.

Make checks payable to: **Matt O'Brien**

SEND TO: Matt O'Brien.

Men's Basketball Office
Southwestern College
100 College Street
Winfield, KS 67156

PARENT AUTHORIZATION:

I hereby give my consent to the participation of the registered camper in the program conducted by the Southwestern Basketball Day Camp, and I certify that he/she is physically fit to take part in all activities. Further, I authorize the Director(s) to act for me according to their best judgments in any emergency requiring medical attention other than that maintained by the camp, for which services I shall pay.

SIGNATURE OF PARENT/GUARDIAN (Sign and Date below)

DATE

PARENT'S SIGNATURE

Southwestern Basketball Camp

The day camps are designed for basketball players of all abilities. The program is intended to develop each athlete's ability through drills and competition. The camps will consist of a combination of games and instruction. Coach O'Brien and Coach VenJohn focus on developing a player's entire game to include skill development for every position. Instruction is focused on increasing the understanding of how to play the game so players can maximize their ability.



Camp Rules:

1. Do what is right
2. Do the best you can
3. Treat others the way you would like to be treated

SOUTHWESTERN COLLEGE

MOUNDBUILDER



BASKETBALL Camps

SITE: Stewart Fieldhouse

"Everyone has the will to win, but not everyone has the will to prepare to win."

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A message from Coach Matt O'Brien

Throughout my career, as a player and a coach, I have always believed the game of basketball is one of life's finest teachers. I've learned so much from the game, and I have tried my very best to translate those lessons of both basketball and life to my players.

The 2011 Southwestern Basketball Day Camp Staff will blend coaching and teaching to make the week a valuable experience for all of the campers. In addition to the development of their basketball skills and athletic ability, all campers will be given the opportunity to build upon their own personal attitudes toward the game and life. They will learn about roles and responsibilities within the context of 'TEAM'. They will share in success that comes from desire, determination, dedication and discipline. They will learn how to win ... how to deal with losing and ...

Campers **WILL** have lots of FUN !!

What you should bring

Gym Shorts...T-Shirt... Water Bottle....
Basketball Shoes...Socks...Enthusiasm...



Matt O'Brien

Head Men's Basketball Coach

316-650-0076

Matt.obrien@sckans.edu

Jason VenJohn

Assistant Women's Basketball Coach

620-262-6006

Jason.venjohn@sckans.edu



**Interested in Individual
Instruction with Coach OB?
Call 316-650-0076
matt.obrien@sckans.edu**

WHY INDIVIDUAL INSTRUCTION?

For an athlete to become better, they must dedicate time to doing the little things that will enable them to improve. The extra time spent perfecting the fundamentals of basketball will help any player to increase their versatility and value. My individual training is intended to help you take your game to the next level and help you achieve your own personal goals. The sessions are designed to identify and address weaknesses and improve strengths in a series of individual workouts.

WHAT DO THE SESSIONS ENTAIL?

The first few sessions will generally be spent in evaluating the student's skill level. Once this evaluation is complete, I will begin to structure the sessions around the student's current skill level. This will ensure a solid fundamental base to build and develop a better player. Ball handling, shooting, moving without the ball, passing, and defense are all skills that will be drilled on.

WHEN & WHERE DO THE SESSIONS TAKE PLACE?

I will normally meet with the student once or twice a week during a time that is agreeable for both parties on the campus of Southwestern College. Morning, afternoon, & evening hours are open any day of the week.

HOW MUCH DOES IT COST?

\$40.00 for 45 minute session
\$25.00 per player for group of two students
\$20.00 per player for group of three students
\$15.00 per player for group of four students

DO I HAVE TO PAY FOR SESSIONS IN ADVANCE?

No. You are only obligated to pay for the sessions you schedule and attend.

**About
the Teams**



Southwestern's basketball teams just got done with both teams having a successful season. The men's team led by Coach O'Brien returns seven players and with a stellar recruiting class, looks to continue to build from last year. The Women's team looks to build from last year's third place finish and national tournament appearance. Both teams will be aiming for a title this year.

CAMP FEATURES

Individual Instruction
Quality Staff
Camp T-Shirt for each Camper
Prizes!
Low Cost
Team Competition
Foul Shooting Competition
HOT SHOT Competition
Individual Awards
Fundamental/Skill Stations
Great Fun and New Friends

A TYPICAL CAMP DAY

Roll Call / Guest Speaker
Camp Stretch

INSTRUCTIONAL STATIONS

Shooting
D E F E N S E !!!!!
Quickness & Agility
Ball Handling
Rebounding
Passing
Fast Break
Post Entry Passing
Post Moves
Handling Picks



Individual Competitions
Team Games

Camp Staff ...

The balance of the Camp Staff will be comprised of Southwestern Coaches and current Southwestern players. Our entire staff will be committed to making your child's experience nothing short of FANTASTIC!

Additionally, Guest Speakers will be visiting with our campers. We will make certain that our Guest Speakers bring a motivational spirit and deliver a message worthy of each camper to embrace

