

**FRIENDS INVITATIONAL**  
**Sat., April 3, 2010**  
**68 Degrees – Windy**

**SCHOOLS:** Southwestern, Friends, Bethel, Bethany,  
 Kansas Wesleyan, Tabor, Missouri Valley

**WOMEN**

100 M

Brianna Johnson 13.40  
 Jasmine Jackson 13.54  
 Tamika Taylor 13.64  
 Erin Morton 13.82

3000 M Steeplechase

Jennifer Hendrixson 13:18.14 (3<sup>rd</sup>)

Long Jump

Paige Carswell 16-10 (5<sup>th</sup>)

200 M

Anjaih Clemons 25.47 (1<sup>st</sup>)  
 Brianna Johnson 27.23 (5<sup>th</sup>)  
 Jasmine Jackson 28.29  
 Erin Morton 29.26  
 Tamika Taylor 29.29

5000 M

Alyssa Carter 20:11.53 (4<sup>th</sup>)  
 Sydnee Nelson 21:23.35 (8<sup>th</sup>)  
 Larrissa Vasquez 21:55.82 (9<sup>th</sup>)

Triple Jump

Paige Carswell 38-6 ¾ (1<sup>st</sup>)  
**“A” NATIONAL QUALIFIER**

100 M Hurdles

Kari Roth 15.93 (2<sup>nd</sup>)

10,000 M

Arely Smith 42:38.90 (2<sup>nd</sup>)

Shot Put

Sarah Hardin 38-4 ¾ (6<sup>th</sup>)  
 Mandy Bostwick 35-11 ½ (8<sup>th</sup>)  
 Allyssa Zentner 34-0

400 M

Anjaih Clemons 58.59 (1<sup>st</sup>)

4 X 100 M Relay

Brianna Johnson 50.98  
 Paige Carswell  
 Kari Roth 4<sup>th</sup>  
 Anjaih Clemons

Discus

Sarah Hardin 117-3 (3<sup>rd</sup>)  
 Mandy Bostwick 96-10  
 Allyssa Zentner 96-8  
 Caitlyn Dyck 84-7

400 M Hurdles

Kari Roth 66.68 (1<sup>st</sup>)

4 X 800 M Relay

Jordan Unruh 2:27.58 10:10.43  
 Taylor Kinnamon 2:35.19  
 Mychala Money 2:37.69 1<sup>st</sup>  
 Alyssa Carter 2:29.97

Javelin

Allyssa Zentner 102-11 (6<sup>th</sup>)  
 Caitlin Dyck 81-0 ½

800 M

Jordan Unruh 2:27.79 (3<sup>rd</sup>)  
 Mychala Money 2:42.62 (9<sup>th</sup>)  
 Jennifer Hendrixson 2:42.95 (10<sup>th</sup>)  
 Erica Dunigan 2:45.57  
 Taylor Kinnamon 2:50.77

4 X 400 M Relay

Kari Roth 62.09 4:09.71  
 Jordan Unruh 62.17  
 Taylor Kinnamon 66.58 2<sup>nd</sup>  
 Anjaih Clemons 58.87

Hammer

Mandy Bostwick 125-4 (2<sup>nd</sup>)  
 Sarah Hardin 87-1  
 Caitlin Dyck 82-3

1500 M

Sydnee Nelson 5:21.70 (6<sup>th</sup>)  
 Larrissa Vasquez 5:44.04  
 Erica Dunigan 5:46.71

Brianna Johnson 66.66 4:40.92  
 Jennifer Hendrixson 73.78  
 Mychala Money 69.62  
 Erica Dunigan 70.86

