

# KCAC CHAMPIONSHIPS

# MEN

At Lake Afton

Hosted By Friends U

Sat., Nov. 7, 2009

74 Degrees – LW

1. Southwestern	30	5. Sterling	142
2. Kansas Wesleyan	41	6. Ottawa	151
3. Friends	78	7. Bethany	199
4. McPherson	133	8. Bethel	207
		9. Tabor	208

<u>IND</u>	<u>TEAM</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>IND</u>	<u>TEAM</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	1	Andrew Topham	SWC	25:07	41	---	Jordan Evans	KW	29:30
2	2	Frank Adelman	SWC	25:25	42	40	Hugo Escobar	BTHY	29:46
3	3	Matt Ditzler	FR	25:47	43	41	Jacob Heil	TAB	30:05
4	4	Dan Neidlinger	FR	25:54	44	42	Ernest Newton	STER	30:10
5	5	Carrington Crum	SWC	26:01	45	43	Joe Jedrzejewski	BTHY	30:20
6	6	Ernest Cruz	KW	26:04	46	---	Joel Wallace	KW	30:24
7	7	Nathan Mesta	KW	26:05	47	44	Zach Metzler	BTHL	30:35
8	8	Jeremy Davies	KW	26:12	48	---	<b>Tanner McNinch</b>	<b>SWC</b>	<b>30:42</b>
9	9	Paul Minneman	KW	26:13	49	45	Matt Brown	MCPH	30:59
10	10	Conner Drendel	SWC	26:19	50	46	Lucas Straub	OTT	31:09
11	11	Michael Rascon	KW	26:22	51	47	Justin Ball	TAB	31:19
12	12	Jimmy Bryant	SWC	26:24	52	48	Tim Roesch	TAB	31:35
13	13	Peter Madrigal	KW	26:43	53	49	Brian Skinner	BTHL	32:01
14	14	Chris Penner	STER	26:48	54	50	Matt Spurgeon	TAB	32:16
15	15	Clint Kessler	SWC	27:03	55	51	Dominic Suter	BTHL	32:37
16	16	Mike Baxter	MCPH	27:11	56	52	Fred Miller	MCPH	33:02
17	17	Shaun Griffin	MCPH	27:12	57	53	Kendal Bruce	OTT	33:12
18	18	Tim Patterson	FR	27:19	58	54	Zach Dowling	MCPH	34:05
19	19	Zack Conroy	SWC	27:34	59	55	Thomas Ortiz	BTHY	34:29
20	20	Kyle Smith	MCPH	27:40	60	---	David Johnson	MCPH	34:30
21	21	Jacob McMillan	OTT	27:41	61	56	Mark Sievert	STER	34:57
22	22	Dan Sigley	TAB	27:48	62	57	Kyle Kroeker	BTHL	35:53
23	23	Devin Roberts	STER	27:53	63	58	Evan Kolacny	STER	36:59
24	24	Scott Baldrige	FR	28:03					
25	25	Dominic Yegon	BTHY	28:05					
26	26	Ben Moore	BTHL	28:08					
27	27	Brandon Garcia	OTT	28:11					
28	28	Kyle Sieve	KW	28:11					
29	29	Aaron Mussat	FR	28:17					
30	30	Caj Kueffer	OTT	28:29					
31	31	Kevin Burgess	STER	28:38					
32	32	Joe Dardzinski	STER	28:45					
33	33	Allen Shockley	FR	28:57					
34	34	Jesse Smith	OTT	29:05					
35	35	David Parry	MCPH	29:11					
36	36	Josh Snider	BTHY	29:11					
37	37	Kevin Leary	BTHL	29:15					
38	38	Michael Gurley	FR	29:18					
39	---	Chris Parker	FR	20:20					
40	39	Thaddeus Husted	OTT	29:24					

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# WOMEN

1. Kansas Wesleyan	31	5. Bethel	146
2. Friends	44	6. Sterling	150
<b>3. Southwestern</b>	<b>86</b>	7. Tabor	154
4. Bethany	130	8. Ottawa	213
		9. McPherson	218

<u>IND</u>	<u>TEAM</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>IND</u>	<u>TEAM</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	1	<b>Amy Pierson</b>	<b>SWC</b>	<b>18:26</b>	41	---	<b>Arely Smith</b>	<b>SWC</b>	<b>21:58</b>
2	2	Jordan Arnold	FR	18:43	42	---	Shelby Smithhisler	FR	22:06
3	3	Kara Walker	KW	18:47	43	38	Kati Beam	MCPH	22:19
4	4	Stacey Lastra	KW	18:53	44	39	Jera Teselle	TAB	22:23
5	5	Cherise Price	KW	18:56	45	40	Elly Valdez	STER	22:26
6	6	Karissa Cominator	FR	18:58	46	41	Katie Logan	MCPH	22:26
7	7	Taylor Doll	FR	19:12	47	42	Torey Fry	MCPH	22:48
8	8	Crystal Stegman	KW	19:20	48	43	Sarah Wolff	STER	22:58
9	9	Christina Addison	TAB	19:25	49	44	Marcie Schottler	BTHY	23:10
10	10	Janeeka Montgomery	BTHY	19:25	50	45	Krissa Fuentes	MCPH	23:20
11	11	Shanda Anderson	KW	19:28	51	46	Lindsay Rollins	STER	23:22
12	12	Kate Dibbern	BTHY	19:29	52	47	Pia Goedicke	BTHL	23:27
13	13	Sara Wiebe	FR	19:31	53	48	Heidi Schroeder	TAB	23:39
14	14	Natasha Esau	BTHL	19:41	54	49	Julia Carlton	TAB	23:54
15	15	Whitney Dautel	STER	19:43	55	50	Elissa Richert	TAB	24:14
16	16	Lindsay Dunham	FR	19:46	56	51	Hannah Hansen	OTT	24:23
17	17	Megan Shepherd	FR	19:54	57	52	Katey Taylor	MCPH	24:25
18	18	Jackie Kamphaus	BTHL	19:57	58	53	Carla Toler	BTHY	26:28
<b>19</b>	<b>19</b>	<b>Sydnee Nelson</b>	<b>SWC</b>	<b>20:05</b>	59	54	Kelcey Medina	OTT	30:06
<b>20</b>	<b>20</b>	<b>Jennifer Hendrixson</b>	<b>SWC</b>	<b>20:13</b>	60	55	Brayonda Powell	OTT	30:14
21	21	Lanae Kidd	FR	20:16					
<b>22</b>	<b>22</b>	<b>Alyssa Carter</b>	<b>SWC</b>	<b>20:20</b>					
23	---	Kelli Woodward	FR	20:26					
24	23	Sara Doll	STER	20:49					
<b>25</b>	<b>24</b>	<b>Larrissa Vasquez</b>	<b>SWC</b>	<b>20:55</b>					
26	25	Emily McAfoos	OTT	20:57					
<b>27</b>	<b>26</b>	<b>Jordan Unruh</b>	<b>SWC</b>	<b>21:01</b>					
28	27	Erin Flaming	TAB	21:03					
29	28	Hillary Bruce	OTT	21:05					
30	29	Jessica Stuart	STER	21:15					
<b>31</b>	<b>30</b>	<b>Mychala Money</b>	<b>SWC</b>	<b>21:17</b>					
<b>32</b>	---	<b>Erica Dunigan</b>	<b>SWC</b>	<b>21:19</b>					
33	31	Leah Kopper	TAB	21:22					
34	32	Julina White	KW	21:32					
35	---	Kristie Adams	FR	21:34					
36	33	Emily Gundy	BTHL	21:37					
37	34	Mariah Hostettler	BTHL	21:48					
38	35	Nadia Armburster	BTHY	21:53					
39	36	Morgan Salter	BTHY	21:54					
40	37	Sabrina Scroggin	BTHY	21:56					